

IOERC - Head Race map

- Head Race
- Boat/deboat
- Don't stop, keep rowing
- Race start
- Head race - 1km
- 1km
- Head Race - 2km
- 2km
- Head Race - 3km
- 3km
- Head Race - 4km
- 4km
- Head Race - 5km
- Finish!
- Do not stop here, keep rowing
- Marshalling point

