

ISLE OF ELY ROWING CLUB
Ely Head Race 11th November 2018

SAFETY CONTACT NUMBER DURING THE EVENT: 07709 453058

Course Hazards & Information for Competitors

Course Distance (approx)	Grid Reference (OS 143)	Hazards & General Notes
Start	TL 577 865	The Swan on the River PH, Littleport (marshalling point downstream) Bridge over river Single useable span The start for the main head is immediately upstream of this bridge River is fairly straight to the finish
2.1km	TL 573 842	River Lark (marshalling point) Start for short course River joins from east
5km	TL 566 816	Finish at Queen Adelaide (marshalling point) 100m downstream of bridge Single useable span Beware: Please proceed through bridge and then you may easy prior to returning to the IoERC site. Warning: bends and reeds
6.5km	TL 557 804	IoERC site
<i>Total distance</i>		<i>5 kilometres</i>